

## What is Ankle-Brachial Index (ABI)?

The Ankle-Brachial Index (ABI) is a comparison between the systolic levels of the arms and ankles. It is a fast, effective tool for screening for Peripheral Arterial Disease (PAD), a potentially life threatening disease.

The following table shows the range of possible readings:

ABI value	Indication
0.96 Or above	Generally normal
0.81 – 0.95	Mild disease
0.51 – 0.8	Moderate disease
0.31 – 0.50	Moderate to severe disease
0.30 Or below	Sever disease

*The ABI is calculated by dividing the ankle reading by the upper arm reading.*